



7 Habits for Savvy Living

1. Track your spending on a daily basis so you know where you stand financially and can make smart money decisions.
2. Use a Spending Book to keep you focused on purchasing only the things you love and make you happy.
3. Do your grocery shopping on the same day and time each week. Put it on your calendar so you can schedule your other activities around this crucial task.
4. Save 20% - 80% on just about everything you buy through learning the sales cycles of the different retail industries and timing your purchases appropriately.
5. Build and maintain a wardrobe made only of clothes you love and make you feel wonderful. Get rid of everything else.
6. Enjoy your time off so much more by planning for it to ensure you can afford to do the things you want to do.
7. Get rid of the clutter and create simple housekeeping routines to turn your home into a place you want to be, not a place you want to escape from.